



## **TECHNICAL PACKAGE**

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGBs version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rational for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

## **Saskatchewan Games Athlete Eligibility**

1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each District team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the District they are representing. In the event an athlete moves from one District to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their District residence may elect to compete in a District play down in either their home District or academic resident District, but not both.

Students attending a secondary school outside their home District must be enrolled in a minimum of 60% of the eligible credits to be considered a full-time student.

Students attending a post-secondary school outside their home District must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full-time student.

4. First Nation athletes who reside and attend school in one District but are members of a First Nation Reserve in another District may elect to participate in either District, but not both. If they try out for one District and are not selected for that team, they are not permitted to try out for that sport in another District.
5. Athletes who have shared custody in a split marriage must participate in the District in which they currently attend school. If an athlete is transferring schools to live with the other parent or guardian in another District in the year of the Games, then the school that the athlete previously attended will be the District they participate in.
6. Athletes residing outside Saskatchewan:

### **Individual Sports:**

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full-time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

### **Team Sports:**

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

- The majority of the team resides in Saskatchewan or attends school on a full-time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

## 7. District Team Eligibility

### **Sports using Club Team selection**

When a team roster is comprised of athletes residing in different Districts, the following criteria will determine which District the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
  - Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the District where the majority of the players reside. Teams in this position may have members living in adjacent Districts within reasonable commuting distance.
8. The Games shall be open only to amateur athletes recognized as such by the applicable PSGB.
  9. For each Games an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the District team selection process. Upon acceptance of selection to a District team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
  10. Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
  11. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
  12. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
  13. Prior to the Games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
  14. Coaches, managers and athletes of the District team must stay in the athletes' village during the Games.

# SPEED SKATING TECHNICAL PACKAGE

2023 Saskatchewan Winter Games  
February 19 – 25, 2023  
Regina, SK

## 1.0 SPORT

- 1.1 Competition Site: Co-operators Centre
  - 1.2 Competition Dates: February 19 – 22, 2023
  - 1.3 Sanction: Saskatchewan Amateur Speed Skating Association, Speed Skating Canada
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## 2.0 PARTICIPANTS

- 2.1 Number of Competitors per District: 4 Male and 4 Female
- 2.2 Coaches and Managers per District: 1 Coach and 1 Manager

**Note:** Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender.

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## 3.0 CLASSIFICATION

- 3.1 Year of Birth: 2007 - 2012

**Note:** All athletes for the Saskatchewan Games must be a minimum of 11 years of age upon commencement of the Games competition.

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## 4.0 ELIGIBILITY

- 4.1 Athletes: Must be 11 to 15 years of age. Skaters must be no more than 15 years of age by December 31, 2022 and must be 11 years of age before February, 2023. Must be members in good standing with SASSA at least 7 days prior to the beginning of the Games. No dual memberships with other Speed Skating Associations.
- 4.2 Coaches: Have completed a minimum or equivalent certification in NCCP Speed Skating FUNDamentals.
- 4.3 As a coach or manager of a District team you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan

Games Council, all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

**4.4** As per the mandatory requirements for all sports in Saskatchewan the “Respect in Sport” online training program must be taken by all coaches. It is also mandatory that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

**4.5** Exclusions: None

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## **5.0 PROVINCIAL REGISTRATION**

SASSA Office  
2205 Victoria Ave  
Regina, SK. S4P 0S4  
Phone: 306-780-9400  
Email: [sassa@sasktel.net](mailto:sassa@sasktel.net)

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## **6.0 PROVINCIAL TECHNICAL LIAISON**

Tim Comfort  
85 Red River Road  
Saskatoon, SK. S7K 1G4  
Cell: 306-221-2971  
Email: [tcomfort@sasktel.net](mailto:tcomfort@sasktel.net)

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## **7.0 COMPETITION**

Type of Competition: All Points format – The following is based on full teams from at least 8 Districts = 32 males, 32 females.

### **Relay Format:**

The relay teams will consist of 4 skaters (same gender) per District, competing over 2000m. There will be two exceptions:

- 1) An injury to one of the 4 skaters, leaving 3 to skate
- 2) The District team consists of only 3 skaters

In both exceptions, the District coach must receive approval from the Chief Referee and Meet Coordinator and in the case of an injury; the Chief Referee will consult the medical staff present.

Relay teams will be seeded into heats based on the total time for 4 skaters from their 400m seed times or if there is a District team consisting of only 3 skaters – seeding will be based on the total time for the top 3 skaters per District. If there is only one team entered in the B final for the relay, the final will not be held, and the team will be awarded the next position and points following the teams that have qualified for the A final.

**Seeding:** Seeding for the first distance will be a skater's 400m personal best time skated in the 2022 - 2023 season. Following the completion of each distance, skaters will be re-seeded, based on the points accumulated in an overall ranking for the next distance. If there is a tie in points, the tied athletes ranking (**for seeding purposes only**) will be determined by their 400m seed times.

Heats - 5 skaters/heat

A	B	C	D	E	F	G
1	2	3	4	5	6	7
14	13	12	11	10	9	8
15	16	17	18	19	20	21
28	27	26	25	24	23	22
29	30	31	32			

Advancement from the heats to the semifinals will be based on 1<sup>st</sup> place plus times. In the example, above, with 7 heats, advancement would be 1 + 8 fastest times.

Semis - top 15 in Group 1

A	B	C
1	2	3
6	5	4
7	8	9
12	11	10
13	14	15

Advance to Finals A, B and C - 1<sup>st</sup> place + next 2 fastest times advance to the A Final. B Final consists of next 5 fastest times. C Final consists of next 5 fastest times.

Semis - Group 2 = Balance of skaters

D	E	F	G
16	17	18	19
23	22	21	20
24	25	26	27
31	30	29	28
32			

Advance to D, E, F and G Finals same as advancing to A, B, and C

400 Meter Heats (4 on the line)

8 heats – women – A, B, C, D, E, F, G, H

8 heats – men – A, B, C, D, E, F, G, H

400 Meter Semi Finals – Top 16 in Group 1

4 – women – Group 1 – A, B, C, D

4 – men – Group 1 – A, B, C, D

4 – women – Group 2 – E, F, G, H

4 – men – Group 2 – E, F, G, H

2000 Meter Relay Semi Final (4 teams/race)

2 – women

2 – men

400 Meter Finals (4 on the line = 1st place in each semi advances to A Final)

4 – women – Group 1 – A, B, C, D

4 – men – Group 1 – A, B, C, D

4 – women – Group 2 – E, F, G, H

4 – men – Group 2 – E, F, G, H

1500 Meter Heats (5 on the line)

7 heats – women – A, B, C, D, E, F, G

7 heats – men – A, B, C, D, E, F, G

1500 Meter Semi Finals (5 on the line)

3 – women – Group 1 – A, B, C

3 – men – Group 1 – A, B, C

4 – women – Group 2 – D, E, F, G

4 – men – Group 2 – D, E, F, G

1500 Meter Finals (5 on the line)

3 – women – Group 1 – A, B, C

3 – men – Group 1 – A, B, C

4 – women – Group 2 – D, E, F, G

4 – men – Group 2 – D, E, F, G

200 Meter Heats (4 on the line)

8 heats – women – A, B, C, D, E, F, G, H

8 heats – men – A, B, C, D, E, F, G, H

200 Meter Semi Finals – Top 16 in Group 1

4 – women – Group 1 – A, B, C, D

4 – men – Group 1 – A, B, C, D

4 – women – Group 2 – E, F, G, H

4 – men – Group 2 – E, F, G, H

200 Meter Finals (4 on the line = 1st place in each semi advances to A Final)

4 – women – Group 1 – A, B, C, D

4 – men – Group 1 – A, B, C, D

4 – women – Group 2 – E, F, G, H

4 – men – Group 2 – E, F, G, H

### **3000 Meter Superfinals**

**3 – women – Group 1 – A, B, C**

**3 – men – Group 1 – A, B, C**

2000 Meter Final Relay

2 – women

2 – men

7.2 200m, 400m, 1500m, 3000m, 2000m Team Relay

## 8.0 RESULTS

- 2 groups per gender.
- Each skater earns points for their District.
- Points will confirm to SASSA's current standard.
- Team relays will follow this model of point allocation as well.

Place	Points	Place	Points	Place	Points
1	50	11	18	21	8
2	37	12	17	22	7
3	30	13	16	23	6
4	25	14	15	24	5
5	24	15	14	26	4
6	23	16	13	27	3
7	22	17	12	28	2
8	21	18	11	29	1
9	20	19	10		
10	19	20	9		

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## 9.0 SPORT PROTEST PROCEDURE

- As Per SSC rules.
- Coaches should be familiar with these rules.
- Protests will be handled as per normal practice at Saskatchewan Short Track competitions.
- The Chief Referee is in charge of the competition.

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## 10.0 EQUIPMENT

- All equipment should conform to SSC rules ([D3 100](#)).
- All participants will be required to wear cut-resistant skin suits.

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## 11.0 SPORT JURY

- Referee
- Technical Liaison
- SASSA Executive Director

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## 12.0 OFFICIALS REQUIRED

### 12.1 MAJOR OFFICIALS:

- 2 Referees
- 2 Starters
- Meet Coordinator
- Office Manager



- Chief Recorder
- Chief Timer
- Chief Place Judge

12.2 MINOR OFFICIALS:

- Whip
- 2 Office persons (minimum)
- Track stewards (must skate well)
- 7 timers
- 5 Place Judges
- 2 Runners
- Announcer
- 2 Lap Counters
- Time Recorder

**13.0 MEDICAL SERVICES**

To follow SSC Policy governing sanctioned speed skating competitions.  
[Red Book Section D5 100-107](#)

**14.0 MEDALS**

<b>Event</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
200m	2	2	2
400m	2	2	2
1500m	2	2	2
3000m	2	2	2
2000m relay	8	8	8
<b>Total</b>	<b>16</b>	<b>16</b>	<b>16</b>

The relay has 4 skaters per team.

**15.0 TEAMS SELECTION CRITERIA**

TBD within each District

**16.0 PROVINCIAL SPORT CONTACT**

SASSA Office  
 2205 Victoria Ave  
 Regina, SK. S4P 0S4  
 Phone: 306-780-9400  
 Email: [sassa@sasktel.net](mailto:sassa@sasktel.net)