

TECHNICAL PACKAGE

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGBs version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rational for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

Saskatchewan Games Athlete Eligibility

- 1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
- 2. Each District team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the District they are representing. In the event an athlete moves from one District to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
- **3.** Students enrolled and attending secondary or post-secondary school on a full-time basis outside their District residence may elect to compete in a District play down in either their home District or academic resident District, but not both.

Students attending a secondary school outside their home District must be enrolled in a minimum of 60% of the eligible credits to be considered a full-time student.

Students attending a post-secondary school outside their home District must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full-time student.

- 4. First Nation athletes who reside and attend school in one District but are members of a First Nation Reserve in another District may elect to participate in either District, but not both. If they try out for one District and are not selected for that team, they are not permitted to try out for that sport in another District.
- **5.** Athletes who have shared custody in a split marriage must participate in the District in which they currently attend school. If an athlete is transferring schools to live with the other parent or guardian in another District in the year of the Games, then the school that the athlete previously attended will be the District they participate in.
- 6. Athletes residing outside Saskatchewan:

Individual Sports:

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full-time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

Team Sports:

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

• The majority of the team resides in Saskatchewan or attends school on a full-time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.
- 7. District Team Eligibility

Sports using Club Team selection

When a team roster is comprised of athletes residing in different Districts, the following criteria will determine which District the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
- Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the District where the majority of the players reside. Teams in this position may have members living in adjacent Districts within reasonable commuting distance.
- **8.** The Games shall be open only to amateur athletes recognized as such by the applicable PSGB.
- **9.** For each Games, an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the District team selection process. Upon acceptance of selection to a District team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
- **10.** Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
- **11.** The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
- **12.** Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
- **13.** Prior to the Games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
- **14.** Coaches, managers and athletes of the District team must stay in the athletes' village during the Games.

ARTISTIC SWIMMING TECHNICAL PACKAGE

2023 Saskatchewan Winter Games February 19 – 25, 2023 Regina, Saskatchewan

1.0 SPORT

- **1.1** Competition Site: Lawson Aquatic Center
- **1.2** Competition Dates: February 19 22, 2023
- **1.3** Sanction: Saskatchewan Artistic Swimming

2.0 PARTICIPANTS

- 2.1 Number of Competitors per District: Min 1; Max 10 Female or Male
- 2.2 Coaches and Managers per District: Coach 2 (one must be female)

Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender.

Note: Saskatchewan Artistic Swimming may apply the Sask Games Fill Policy if registrations are not at full capacity for every District.

3.0 CLASSIFICATION

3.1 Year of Birth: 2005 – 2011 Inclusive. An athlete born in 2004 who was previously selected by their district for Artistic Swimming in the 2022 Saskatchewan Winter Games is eligible to compete.

4.0 ELIGIBILITY

- **4.1** Athletes: Provincial Stream Competitive Athletes who are in good standing with Saskatchewan Artistic Swimming.
- **4.2** Coaches: NCCP Introduction to Competition or higher prior to the first day of Competition. Certification will be verified by Saskatchewan Artistic Swimming.

As a coach or manager of a District team, you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan Games Council, all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the "Respect in Sport" online training program must be taken by all coaches. It is strongly

recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

4.3 Exclusions: Routines attending the National Qualifier.

5.0 PROVINCIAL REGISTRATION

Saskatchewan Artistic Swimming #300-1734 Elphinstone St Regina, SK S4T 1K1 Phone: 306-780-9227 Email: TD@saskartisticswimming.ca

6.0 PROVINCIAL TECHNICAL LIAISON

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7.0 COMPETITION

- 7.1 Type of Competition Artistic Swimming Competition
 - Saskatchewan Artistic Swimming Rules and Regulations shall apply for all events.
- **7.2** Events/Categories to be included in the competition:
 - Figures for all participants
 - Solo, duet & team for preliminaries and finals
 - Mixed duet event for finals only (one male and one female)

Figures

• Age Group 12 & Under Compulsory Figures plus an optional group to be selected by Sep 30, 2022 pending FINA Congress rule updates.

Routines

- Routine Times will be Age Group 12 & Under Time Limits found in Canada Artistic Swimming (CAS) Rulebook for 2022-2023 pending FINA Congress rule updates.
- The time limit for deck drill for all events shall not exceed 10 seconds and it is included in the routine time limit. A one-point penalty shall be assessed for each time limit exceeded.
- In routine events, the walk-on of the athletes from the designated starting point to achievement of a stationary position(s) may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting point and end

when the last competitor becomes stationary.

- Exception to CAS time limit rule: for SWG, there is no minimum time and routines may not exceed the maximum time without incurring a time penalty. A one-point penalty shall be assessed for each time limit exceeded.
- For team there is a minimum of 3, maximum of 10 competitors.

7.3 Seeding

- Each District may enter two Solos, two Duets, one Mixed Duet and one Team routine.
- An individual competitor may not compete more than once in each event entered.
- An individual competitor may only compete in two routine events.
- There shall be Preliminaries and Finals in all Routine events except Mixed Duet, based on championship scores. The top Solo and Duet from each District after preliminaries will advance to the "A" Solo and Duet Finals. The second placing Solo and Duet from each District will compete in the "B" Solo and Duet Finals.
- In the Mixed Duet event, all entrants will compete only in Finals.
- In the Team event, all entrants will compete in both Preliminaries and Finals.
- All Fill routines are automatically placed in the B Finals.

8.0 RESULTS

- 8.1 Results Program Canada Artistic Swimming Official Scoring Program
- 8.2 Results Format Canada Artistic Swimming Official Scoring Program
- **8.3** Sport Scoring Canada Artistic Swimming Official Scoring Program
- 8.4 District Ranking

At the conclusion of each event, ranking points will be awarded as follows. Equal points will be awarded to both the "A" and "B" flights.

1st Place - 8 points	5th Place - 4 points
2nd Place - 7 points	6th Place - 3 points
3rd Place - 6 points	7th Place - 2 points
4th Place - 5 points	8th Place - 1 point

9.0 TIE BREAKING PROCEDURE

- Rules outlined by Canada Artistic Swimming.
- Ties shall not be broken in routine preliminaries. In the event of a tie in championship scores, the routine with the highest placing figures shall be awarded the higher championship placing. If the tie cannot be broken using this process, the tie shall stand and equal awards will be made.

10.0 SPORT PROTEST PROCEDURE

- Rules outlined by Canada Artistic Swimming (CAS).
- No protests shall be made against the judges' marks.
- Protests may be made by anyone having an interest in the meet.
- Protests may initially be made verbally but shall be made in writing to the Referee within 30 minutes from the end of the event involved. The Chief Referee shall arbitrate in case of protest. In the event that mediation is not possible, the matter shall be referred to the Jury of Appeal.
- When a protest is forwarded to the Jury of Appeal, the subject shall be announced and other interested parties who are members of CAS **shall** be allowed to present a counter protest, in writing. These counter protests must be submitted to the Chief Referee within 30 minutes of the announcement.
- All protests must be submitted:
 - to the Chief Referee
 - in writing
 - by the head coach (or designate) of the club
 - together with a deposit of \$100 Canadian (returned if the protest is successful)
 - within 30 minutes following the conclusion of the concerned event.

11.0 EQUIPMENT

Swimming Pool: Length 20 to 25m; Width 6 to 8 lanes; Depth – 30%-50% of the pool should be at least 7 feet in depth or more.

- On Deck 2 raised platforms for judges. 15 chairs split between the two platforms. Raised chairs may be used if platforms are not available.
- A minimum of four 8ft tables.
- During figures: Chief Referee table, computer scoring table and two scoring tables. During routines: Chief Referee table, a timer table and two tables for scorer/announcer/music.
- Meeting Rooms Two rooms required; one for Judges and one for Volunteers.
- Spectator viewing area with raised bleachers and seating for viewers.
- On deck power for scoring computer and music as well as a microphone for the announcer. A back up Microphone is required.
- The facility music system will be used unless it is not adequate for Artistic Swimming. If it is not adequate, Saskatchewan Artistic Swimming will provide a sound system for the event.
- Figures: Competitors must wear a plain black, one-piece suit and white cap. Both must be devoid of identifying marks. Competitors shall be permitted to wear goggles and nose clips for this event.
- Routines: Suitable, one-piece bathing suits. Competitors may wear nose clips, but not goggles (without medical certification).
- Digital Music Requirements
 - The file must be in the following formats: MP3 files with a .mp3 file extension.
 - Music must be labeled following current Saskatchewan Artistic Swimming Rules. Failure to comply with the above will result in fines to the appropriate club.

12.0 SPORT JURY

- Rules Outlined by Canada Artistic Swimming.
- "Jury of Appeal" means a group of people without a Conflict of Interest appointed by the Head Judge of the Competition.
- The Jury of Appeal shall resolve any protests referred to it by the Chief Referee.
- Responses from the Jury of Appeal may be made verbally but must be followed by a written decision that will be distributed to the Chief Referee and the parties involved in the protest and Competitors of the Event. The decision of the Jury of Appeal shall be final.
- A report of the circumstances and the decision should be forwarded by the Chief Referee to the PSO to be available for discussion.

13.0 OFFICIALS REQUIRED

- **13.1** Major Officials (Responsibility of Saskatchewan Artistic Swimming)
 - 1 Meet Manager
 - 1 Chief Referee
 - 1 Chief Scorekeeper
 - 15 Judges

13.2 Minor Officials (Responsibility of Host Community)

- 1 Assistant Meet Manager/Volunteer Coordinator
- 2 Assistant Referees
- 2 Panel referees
- 6 Scorers
- 2 Runners
- 1 Music coordinator
- 1 Videographer per routine event
- 2 Timers per routine event
- 2 Hospitality People
- 1 Announcer
- 1 Results and Awards person

14.0 MEDICAL SERVICES

Lifeguard Services at all times when athletes are in pool.

15.0 MEDALS

Event	Gold	Silver	Bronze
Solos	1	1	1
Duets	2	2	2
Team	10	10	10
Mixed Duet	2	2	2
Total	15	15	15

Medals shall be granted for Routine Finals in the "A" flight.

Ribbons* for 4th, 5th and 6th place shall be presented in the "A" flight for all Routine Finals.

Ribbons* for 1st to 6th place shall be presented in the "B" flight for all Routine Finals. Ribbons* for 1st to 6th place shall be presented in the Figure Event.

Note: Ribbons shall be supplied by Saskatchewan Artistic Swimming.

16.0 DISTRICT TEAM SELECTION CRITERIA

This is at the discretion of each District. Districts may opt to retain their selected team from 2022 for the 2023 Saskatchewan Winter Games without going through a formal selection process.

Districts may approach Saskatchewan Artistic Swimming to help in this process.

17.0 PROVINCIAL SPORT CONTACT

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