

#### **2020 SASKATCHEWAN SUMMER GAMES**

#### **TECHNICAL PACKAGE**

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGBs version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rational for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

# Saskatchewan Games Athlete Eligibility

- 1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
- 2. Each district team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the district they are representing. In the event an athlete moves from one district to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
- 3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their district residence may elect to compete in a district play down in either their home district or academic resident district, but not both.

Students attending a secondary school outside their home district must be enrolled in a minimum of 60% of the eligible credits to be considered a full-time student.

Students attending a post-secondary school outside their home district must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full-time student.

- **4.** First Nation athletes who reside and attend school in one District but are members of a First Nation Reserve in another District may elect to participate in either District, but not both. If they try out for one District and are not selected for that team, they are not permitted to try out for that sport in another District.
- 5. Athletes who have shared custody in a split marriage must participate in the District in which they currently attend school. If an athlete is transferring schools to live with the other parent or guardian in another District in the year of the Games, then the school that the athlete previously attended will be the District they participate in.
- **6.** Athletes residing outside Saskatchewan:

## **Individual Sports:**

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full-time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

# **Team Sports:**

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

- The majority of the team resides in Saskatchewan or attends school on a full-time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;

- They are eligible for membership with a PSGB in Saskatchewan.
- 7. District Team Eligibility

#### **Sports using Club Team selection**

When a team roster is comprised of athletes residing in different districts, the following criteria will determine which district the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
- Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the district where the majority of the players reside. Teams in this position may have members living in adjacent districts within reasonable commuting distance.
- **8.** The Games shall be open only to amateur athletes recognized as such by the applicable PSGB.
- 9. For each Games an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the district team selection process. Upon acceptance of selection to a district team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
- **10.** Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
- 11. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
- **12.** Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
- **13.** Prior to the Games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
- **14.** Coaches, managers and athletes of the district team must stay in the athletes' village during the Games.



# SWIMMING TECHNICAL PACKAGE

# 2020 Saskatchewan Sumer Games July 26-Aug 1, 2020 Lloydminster, Saskatchewan

**1.0 SPORT**: Swimming

1.1 Competition Site: Bioclean Aquatic Centre

1.2 Competition Dates: July 29 to August 1, 2020

1.3 Sanction: Is only given once the meet package is uploaded to the Swimming Canada National Meet List site.

**NOTE:** All information included in the Technical Package will apply to both Special Olympics and Able Body participants unless otherwise stated.

## 2.0 PARTICIPANTS:

2.1 Number of Competitors per District: 8 Male and 8 Female

Number of Special Olympics Competitors: 2 Male and 2 Female

2.2 Coaches and Managers per District: 2 Coaches and 1 Manager

Special Olympics Coaches and Managers: 1 Coach and 1 Manager

Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender

#### 3.0 CLASSIFICATIONS:

- 3.1 Year of Birth for both Able Body and Special Olympics Athletes: Age as of first day of competition July 29, 2020
  - 3.1.1 Able Body Females must be between 11 to 14 years of age
  - 3.1.2 Able Body Males must be between 12 to 15 years of age
  - 3.1.3 Each district will be allowed a maximum of 3 swimmers per single age. A district may not select an entire team from a single age category. A district may not select a team of all 14-year old girls or all 15-year old boys.

**EXCEPTION to 3.1.3** – in a District where there are no swimmers from another single age category that have submitted a "Sask Games 2020 - Intent to Participate Form", then prior to going to the fill policy, that District team can be filled with more than 3 swimmers from a single age category providing they meet the minimum qualifying standard as per the "Sask Games 2020 Athlete Selection Criteria" document.

- 3.1.4 Special Olympics Athletes Female and Male Maximum age: 39 years of age and under as of July 29, 2020
- 3.1.5 Special Olympics Athletes Female and Male Minimum Age: 11 years of age as of July 29, 2020

#### 4.0 **ELIGIBILITY**:

NOTE: Athletes are selected to their District team based on their domicile residence, not the District for the club that they are a member of (Example 1 - a swimmer from White City might be a member of a Regina Swim Club, but is not eligible for the Regina District for the Games, he/she would be eligible for the South East District. Example 2 - a member of a Saskatoon Swim Club with a domicile residence of Dalmeny would be a member of Prairie Central District).

#### 4.1 Athletes:

All swimmers must be registered in the Swimming Canada Registration System in either a Winter Competitive Category or Summer-Open category.

- 4.1.1 All swimmers must be a member in good standing with their swim club, Swim Sask and Swimming Canada.
- 4.1.2 All athletes must meet both the Sask Games Council Saskatchewan Summer Games Eligibility Criteria and the Swim Saskatchewan eligibility.
- 4.1.3 Special Olympics Swimmers must be registered with both Special Olympics Saskatchewan AND Swim Saskatchewan.

# 4.2 Exclusions/De-qualifications:

- 4.2.1 Swimmers that are age eligible and have *qualified for*, 2020 Western/Eastern Canadian Championships.
- 4.2.2 Any swimmer that has competed at any Western Canada Games or Canada Games.
- 4.2.3 Any swimmer that has competed at any of the following national competitions:
  - Swimming Canada Eastern/Western Canadian Champs
  - Canadian Junior Championships
  - Canadian Swimming Championships
  - Canadian Swimming Trials
- 4.2.4 Any swimmer that is receiving Sport Canada Carding/Swimming Canada Athlete Assistance Program.
- 4.2.5 Any Special Olympics Athletes that has participated at a World Special Olympics Summer Games.

## 4.3 Coaches:

- 4.3.1 All coaches must be a member in good standing of all the following: Coaching Association of Canada (CAC), Canadian Swim Coaches and Teachers Association (CSCTA), Swimming Canada and Swim Sask.
- 4.3.2 All Coaches and Managers are required to submit a Criminal Record Check <u>AND</u> a Vulnerable Sector Check, both dated 2019 or later.
- 4.3.3 All coaches are required to have completed the Respect in Sport Training
- 4.3.4 Head Coach of each District team must be fully certified Fundamentals Coach
- 4.3.5 Assistant Coach of each District team must have taken Swimming 101 Fundamentals Course **AND** the Making Ethical Decisions Online Evaluation.
- 4.3.6 Coaching certification and/or 101 Course must be completed 90 day prior to the Opening of the Games.

#### Special Olympics Coaches:

- 4.3.7 Must be fully trained SOC Competition Sport
- 4.3.8 Must have completed the Making Ethical Decision (MED) Train to Win Evaluation.
- 4.3.9 Must be fully certified Swimming Fundamentals Coach
- 4.3.10 All coaches are required to have completed the Respect in Sport Training
- 4.3.11 Coaching Certification must be completed no later than 90 days before the opening of the Games.
- 4.3.12 All coaches must be a member in good standing of all the following: Coaching Association of Canada (CAC), Canadian Swim Coaches and Teachers Association (CSCTA), Swimming Canada, Swim Saskatchewan and Special Olympics Saskatchewan.

## 5.0 PROVINCIAL REGISTRATION:

Registration is with: An affiliated Saskatchewan Swim Club. All swimmers must register with a club; the sport of swimming does not allow a swimmer to register as an independent with Swim Sask directly.

Special Olympics swimmers must also be registered with Special Olympics Saskatchewan:

#### 6.0 PROVINCIAL TECHNICAL LIAISON:

Swim Saskatchewan – Jodi Nicholson-Hachey and/or Marj Walton 2205 Victoria Ave.

Regina, SK S4P 0S4

Phone: 306-780-9291 or 306-780-9238

Email: jodi@swimsask.ca or marjwalton@swimsask.ca

Special Olympics Saskatchewan – Darlene MacQuarrie

1121 Winnipeg Street Regina, SK S4R 1J5

Phone: 306-780-9423 or 1-888-307-6226 ext. 3 Email: dmacquarrie@specialolympics.sk.ca

## 7.0 COMPETITION:

Swimming Canada Warm-up Competition Safety Procedures will be in effect at this competition. Link

Current Swimming Canada Rules will apply except as specifically modified in this technical package - Rules

Special Olympics Athletes may start in the water or from the edge; Coach must inform Referee at the beginning of each day and/or session.

- 7.1 Type of Competition All events will be swum as Timed Finals
- 7.2 Events the following events will be offered for both Men and Women:
  - 50, 100, 200 and 400 Free
  - 50, 100 and 200 Back
  - 50, 100 and 200 Breast
  - 50 and 100 Fly
  - 200 IM
  - 4 x 50 and 4 x 100 Freestyle Relay
  - 4 x 50 Medlev Relav
  - 4 x 50 Mixed Freestyle Relay (2 Female and 2 Male Swimmers)
  - 4 x 50 Mixed Medley Relay (2 Female and 2 Male Swimmers)
  - Special Olympics Events for both Men and Women:
  - 50 and 100 Free
  - 50 and 100 Back
  - 50 Breast
  - 100 IM
  - 4 x 50 Mixed Free Relay (2 Female and 2 Male Swimmers)
  - 4 x 50 Mixed Medley Relay (2 Female and 2 Male Swimmers)
  - 4 x 50 Mixed Free Integrated Relay 2 Able Body and 2 Special Olympics swimmers and must also consist of 2 Female and 2 Male Swimmers.

## **Event Order:**

Day 1	Day 2	Day 3	
Session 1	Session 3	Session 5	
Warm up 8:00	Warm up 8:00	Warm up 8:00	
Competition 9:00	Competition 9:00	Competition 9:00	
200 IM	100 Free	200 Free	
SO 100 Back	SO 100 Free	SO 50 Back	
100 Back	200 Breast	50 Fly	
SO 4x50 MIXED Free	50 Back	100 Breast	
4x100 Free Female	SO 4x50 MIXED Medley	4x50 MIXED Free	
4X100 Free Male	4x50 Free Female	4x50 MIXED INTEGRATED Free	
	4 x 50 Free Male		
Day 1	Day 2	Day 3	
Session 2	Session 4		
Warmup 16:30	Warmup 16:30		
Competition 17:30	Competition 17:30		
100 Fly	400 Free		
SO 50 Free	SO 100 IM	Closing	
50 Free	50 Breast	Ceremonies	
200 Back	SO 50 Breast		
4x50 MIXED Medley	4x50 Medley Female		
	4x50 Medley Male		

#### 7.3 Entries:

- 7.3.1 All entries must be uploaded to the Swimming Canada RTR system. An entry deadline date will be determined later.
- 7.3.2 All entries must have an entry time. NT's will not be accepted.
- 7.3.3 A District may enter one relay team per relay event.
- 7.3.4 Swimmers may compete in a maximum of 6 individual events plus relays.
- 7.3.5 If a Fill Policy Swimmer swims on a relay, then the relay becomes Exhibition and no points are awarded. Medals will be awarded to the participating athletes.

## 7.4 Seeding:

As per Swimming Rule SW 3

Time Finals – senior seeded by gender. Final place is determined by their time.

## 8.0 RESULTS:

8.0 Results Program – Hytek Meet Manager software must be used to run the Swimming Competition. The Local Host Organization Committee/local club hosting the competition must supply it. Swim Saskatchewan does not have a version that can run meets.

- 8.1 Results Format the order of finish for both individual and relay events will be determined by the swimmer's time in the order of finish.
  - Results will be posted throughout the venue during competition
  - Coaches will not receive their own hard copy of results.
  - Result file must be uploaded to the Swimming Canada RTR System within 24 hours of conclusion of the competition.
  - Hytek Meet Manager Backup File must be sent to Swim Sask after the conclusion of the competition.

## 8.2 Sport Scoring

8.2.1 Point Scoring for Individual Events:

```
1<sup>st</sup> place
                16 points
                                        7<sup>th</sup> Place 6 points
2<sup>nd</sup> place
                                        8<sup>TH</sup> Place 5 points
                14 points
3<sup>rd</sup> place
                                        9<sup>th</sup> Place 4 points
                12 points
4<sup>th</sup> place
                10 points
                                       10<sup>th</sup> Place 3 points
5<sup>th</sup> place
                9 points
                                        11th Place 2 points
6<sup>th</sup> place
                                        12<sup>th</sup> Place 1 point
                8 points
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8.2.2 Point Scoring for Relay Events:

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1^{\text{st}} Place 16 points 4^{\text{th}} Place 10 points 2^{\text{nd}} Place 14 points 5^{\text{th}} Place 9 points 3^{\text{rd}} Place 12 points 6^{\text{th}} Place 8 points
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8.3 As per the Saskatchewan Games Fill Policy, Fill athletes shall be eligible to receive medals; however, the points accumulated shall not be counted. This applies to both individual and relay events.

## 9.0 TIE BREAKING PROCEDURE:

- 9.1 For a Time Final competition Swim-offs are not required.
- 9.2 In the case of a tie between swimmers, the points for each place involved in the tie will be added together and divided equally among the competitors or teams involved in the tie (Hytek Meet Manager software does this automatically).
- 9.3 In the event of a tie between two or more districts, the team winning the most gold medals will be awarded an extra swimming point. If there is still a tie, the team winning the most gold and silver medals will be awarded the extra swimming point.

If there is still a tie, the team winning the most gold, silver and bronze medals will be awarded the extra swimming point. If still tied, this process will continue using the remaining places of finish until the tie is broken.

10.0 SPORT PROTEST PROCEDURE: As per Swimming Rule GR 9.2

#### 11.0 EQUIPMENT:

The pool, starting blocks and lane ropes must meet all the requirements in the document: Facility Rules and Guidelines of Swimming Canada.

- A minimum of one extra lane rope is required.
- A properly functioning False Start rope is required
- Backstroke turn flags must be in good condition so that they are fully visible, across all lanes, by the swimmers when in the water.
- Starting equipment including speaker for the starting equipment
- Hytek meet manager software
- Computers and printers
- Electronic Timing or Dolphin Electronic Watches or Stop Watches
- Photo copier or High-Speed printer for results and LOTS of paper
- Benches for swimmers in marshalling area
- Tables and chairs for coaches
- Bleachers for athletes and spectators
- P.A. system
- Typical office supplies (pens, pencils, paperclips etc.)
- Clipboard for the officials

## 12.0 SPORT JURY:

As per Swimming Rule GR 9.3

## 13.0 OFFICIALS REQUIRED:

The Lloydminster Host Organizing Committee must supply the qualified and certified Meet Manager.

## 13.1 Major Officials

Meet Referee – 1

**FOR EACH SESSION** there shall be a minimum of the following certified Major officials:

Referee - 2

Starter – 2

Chief Finish Judge - 1

Chief Judge Electronics – 1 (only if applicable)

#### 13.2 Minor Officials

**FOR EACH SESSION** there shall be a minimum of the following certified Minor officials:

Chief Timer – 1

Clerk of Course - 1

Inspector of Turns – 12 (two for each lane; one at the Turn end of the pool and one at the start end)

Judge of Strokes – 4 (two per side)

Timers – 12 (2 timers per lane)

Recorder/Scorer – 1

Announcer - 1

Safety Marshal - 2

Runner – 2 Computer Operator – 2 Office Staff – 2 (the number of people required is up to the discretion of the Meet Manager)

# 14.0 MEDICAL SERVICES:

Provided by facility staff and lifeguards at the competition venue.

# 15.0 **MEDALS**:

Event	Gold	Silver	Bronze
50 Free Male and Female and	4	4	4
Special Olympics			
100 Free Male and Female and	4	4	4
Special Olympics			
200 Free Male and Female	2	2	2
400 Free Male and Female	2	2	2
50 Back Male and Female and	4	4	4
Special Olympics			
100 Back Male and Female and	4	4	4
Special Olympics			
200 Back Male and Female	2	2	2
50 Breast Male and Female and	4	4	4
Special Olympics			
100 Breast Male and Female	2	2	2
200 Breast Male and Female	2	2	2
50 Fly Male and Female	2	2	2
100 Fly Male and Female	2	2	2
100 IM Male and Female	2	2	2
Special Olympics only			
200 IM Male and Female	2	2	2
4 x 50 Free Relay Male and	8	8	8
Female			
4 x 50 Mixed Free Relay Special	4	4	4
Olympics			
4 x 100 Free Relay Male and	8	8	8
Female			
4 x 50 Medley Relay Male and	8	8	8
Female			
4 x 50 Mixed Free Integrated	4	4	4
Relay			
4 x 50 Mixed Freestyle Relay	4	4	4
4 x 50 Mixed Medley Relay	4	4	4
4 x 50 Mixed Medley Relay	4	4	4
Special Olympics			
Total	82	82	82

NOTE: Also need extra medals for ties, and especially if there is a tie in a relay; that is 4 medals.

## 16.0 DISTRICT TEAMS SELECTION CRITERIA:

Both Swim Saskatchewan and Special Olympics Saskatchewan will each publish their own Athlete and Coach/Manager Selection documents.

Please see Swim Sask website at: <a href="http://www.swimsask.ca/prov\_teams.html">http://www.swimsask.ca/prov\_teams.html</a> and Special Olympics Sask website at: <a href="https://www.specialolympics.ca/saskatchewan">https://www.specialolympics.ca/saskatchewan</a>.

## 17.0 PROVINCIAL SPORT CONTACT:

Swim Saskatchewan – Jodi Nicholson-Hachey and/or Marj Walton 2205 Victoria Ave. Regina, SK. S4P 0S4

Phone: (306) 780-9291 or (306) 780-9238

Email: jodi@swimsask.ca or marjwalton@swimsask.ca

# 18.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY, WAS APPROVED BY OUR BOARD OF DIRECTORS.

(Please indicate in the space provided, the date of the meeting and when it was approved. This package must be signed by your President before returning it to the Saskatchewan Games Council.)

In our sport this does not need to be signed by the President. This is a Technical Operational item and Swim Sask Board does not get involved in Technical and/or Operational items; this is done by staff.

May Ewalton

**EXECUTIVE DIRECTOR SIGNATURE:**