



Competition Schedule

Athletics

Estevan Comprehensive School

255 Spruce Drive, Estevan

July 24-27, 2016

Last Updated: June 1, 2016

SUNDAY, JULY 24, 2016

TIME:	EVENT:
13:00	Practice Time Starts
18:00	Practice Time Ends
20:45	Coaches Meeting

MONDAY, JULY 25, 2016

SESSION:	EVENT #:	TIME:	EVENT:	GENDER:
1	1	9:30	Long Jump Final	Female
	2	9:30	Shot Put Final	Female
	3	9:30	Pentathlon – 100m	Male
	4	9:40	100m Heats	Female
	5	10:00	100m Heats	Male
	6	10:10	Pentathlon – High Jump	Male
	7	10:30	400m Heats	Female
	8	10:45	400m Heats	Male
	9	11:10	100m Hurdle Heats	Female
	10	11:30	110m Hurdle Heats	Male
Lunch				
2	11	12:30	Pole Vault Final	Female
	12	13:00	Pentathlon – Shot Put	Male
	13	14:30	Pentathlon – Long Jump	Male
	14	15:00	110m Hurdle Final	Male
	15	15:30	100m Hurdle Final	Female
	16	16:00	Pentathlon – 800m	Male
	17	16:30	Hammer Final	Female
Supper				
	18	18:00	1500 Final	Female
	19	18:00	Pole Vault Final	Male

3	20	18:15	1500 Final	Male
	21	18:30	High Jump Final	Male
	22	18:55	100m Final	Female
	23	19:00	Shot Put Final	Male
	24	19:05	100m Final	Male
		19:30	Medal Presentations for Sessions 1 & 2	

TUESDAY, JULY 26, 2016

SESSION:	EVENT #:	TIME:	EVENT:	GENDER:
4	25	9:00	Javelin Final	Male
	26	9:00	800m Heats	Female
	27	9:15	800m Heats	Male
	28	9:30	4 x 100m Relay Heats	Female
	29	9:40	4 x 100m Relay Heats	Male
	30	10:00	Pentathlon – 100m	Female
	31	10:15	300m Hurdle Heats	Female
	32	10:30	300m Hurdle Heats	Male
	33	10:45	Pentathlon – High Jump	Female
	34	11:00	Javelin Final	Female
	35	11:25	200m Heats	Female
	36	11:35	200m Heats	Male
Lunch				
5	37	13:00	Pentathlon – Shot Put	Female
	38	14:15	Pentathlon – Long Jump	Female
	39	14:30	300m Hurdle Final	Male
	40	14:45	300m Hurdle Final	Female
	41	15:30	Pentathlon – 800m	Female
	42	15:30	Hammer Final	Male
Supper				
6	43	17:00	Long Jump Final	Male
	44	17:00	High Jump Final	Female
	45	17:00	800m Final	Female
	46	17:10	800m Final	Male
	47	17:30	200m Final	Female
	48	17:40	200m Final	Male
	49	18:00	Discus Final	Female
	50	18:00	3000m Final	Female
	51	18:30	3000m Final	Male
		19:30	Medal Presentations for Sessions 3, 4 & 5	

WEDNESDAY, JULY 27, 2016

SESSION:	EVENT #:	TIME:	EVENT:	GENDER:
	52	9:00	Discus Final	Male
	53	9:00	Triple Jump Final	Male
	54	9:20	400m Final	Female

7	55	9:30	400m Final	Male
	56	10:30	Triple Jump Final	Female
	57	10:40	4 x 100m Relay Final	Female
	58	10:50	4 x 100m Relay Final	Male
8	59	12:00	Sprint Medley Relay - Timed Final	Female
	60	12:10	Sprint Medley Relay – Timed Final	Male
		12:15	Medal Presentations for Sessions 6, 7 & 8	

Last Updated: 6/1/2016